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## ELDER GROUPS MEET NEXT WEEK:

**Albee:** This month we will meet one week later than usual, on August 8th at the Albee's. Please bring a large covered dish to share, meat and drinks provided.

**Belz:** We'll meet for lunch following morning worship at the Belz home. Meat will be provided for all who RSVP. Bring a side dish to go with burgers from the grill.

**Bomer:** Details to come.

**Carter:** Details to come.

**Cate:** Meet at the Cates' after morning worship. Bring a favorite summer salad to share! (Or two favorite summer salads!) Other items provided.

**Clark:** In light of our absence during the first Sunday of August due to move from Alabama, our group is encouraged to join others at their stated times.

**Cook:** We'll share lunch together at the Cooks' home. Please bring salad, fruit, and/or sandwiches. Dessert and beverages will be provided.

**Elniff:** Elniff and Meiners Elder Groups: Since our July picnic ended quickly due to the rain let's get together again for August. The Campbell's have invited us to their picnic site in their yard. Bring a picnic food item that can be shared with everybody. Paper goods and drinks will be provided. Bring a lawn chair or blanket! See Diana to get directions.

**Golden:** We will meet at the Golden's after morning worship for a cookout. Bring side dishes to share and bathing suits if you wish to swim. Meat, bread, and drinks will be provided.

**Meiners:** See Elniffs, above.

**Persons:** We are going to join other groups next week on an individual choice basis.

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## CRPC ADVENTURE DAY

**When:** Saturday, August 14, beginning at 9:30 a.m. Lunch (BYOL) around 12:30 or 1:00 p.m.

**Who:** All ages

**Where:** Lake Powhatan Recreation area for hiking, swimming, biking, and picnicking;  
Paddling on French Broad River, past the Biltmore Estate

**What:** Have feet-will hike; Have bike-will ride; Have watercraft-will paddle

**Cost:** \$5.00 per car with 8 or fewer occupants for entrance into Lake Powhatan Recreation area

**WE NEED TO KNOW WHAT ACTIVITIES YOU WANT TO DO.**

**FILL OUT THE FORM BELOW.**

**MARK WHERE APPLICABLE. PLACE IN BASKET IN FOYER BY SUNDAY, AUGUST 1st**

**Name(s)**

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**\*\*If you are filling out this form for your entire family, please put the number of individuals doing each activity as well as ages of children.**

**HIKING and SWIMMING:** Explore the many trails in and around the lake/picnic area. You'll need happy feet, legs, shoes, etc.

I am interested in hiking trails that are: easy/ moderate/ difficult

I won't hike, but I'll relax at the lake or picnic area

I'll only swim (Lifeguard is on duty)

**MOUNTAIN BIKING:** Must have a MOUNTAIN BIKE, helmet, and water container.

I want a mostly level, beginner-type trail. (Old Bent Creek level-gravel-road into Arboretum, follows creek. About 4± miles total; 2 ± hrs. of riding)

I want an intermediate-type ride. (Single-track on Deerfield-Pine Tree-Explorer loop. About 7± miles total; up to 2 ½ hrs of riding)

I want Most Difficult. (Green's Lick; 1 ½ ± hrs. of uphill climbing on Single-track. Awesome downhill. About 13± miles; 3½± hrs. of riding)

**PADDLING:** Put-in from Bent Creek Picnic Park on 191 and take-out about 2 ½ hours later near the Transfer Station. You'll need to have a canoe, kayak, or other watercraft, PFD, paddle, etc.

This is mostly a float trip past the Biltmore Estate territory.

I am interested in this paddling trip

We'd like to have two CRPC guides per activity, at minimum.

Contact Diana Campbell to volunteer for a guide position!

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